

# Lauren Beverley Gorrie

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## Key skills

- Versatile
- Effective Communication
- Solution focused Problem Solving
- insightful
- Good with Rapport building
- Empathetic and understanding
- Diverse range of skills in broad range of areas, nothing I can't do
- Very Experienced in complex care
- Skilled with technology/above average computer skills

## Summary

I'm an empathetic person with a very diverse range of skills from freight and transport, the building industry to simultaneously being an allied health assistant an artist and landscape photographer and business owner that's motivated everyday by the progress that my clients make in their own lives. Baby steps still get you there in the end and little achievements should be celebrated as I tell my clients. I'm experienced and passionate about what I do and love helping people get the best out of themselves it truly brings me joy.

## Career history

### Disability Support worker- Insight Mental Health and Dual Disability. Feb 2024-present

Key responsibilities are supporting clients with complex mental health and physical health conditions in the home for social and their mental wellbeing. Taking them on outings, assisting with medication management, it can look like whatever the client's needs are for any given day to give person centred care.

## Education

Certificate IV in Allied Health Assistance RMIT University, 2017

Accepted place in Bachelor of Psychology Honours 2024 at Deakin University

### House Supervisor- Myxa Care Sep 2023-Feb 2024

#### Key responsibilities:

- House supervisor of Supported independent living property responsible for NDIS compliance for SIL, coordinating support workers, participating in and doing supervision with workers, collaborating and communicating with senior management and external stake holders and other service providers
- Providing 1:1 support for NDIS participants in all aspects of their life including but not limited to medication management, meal planning, social support, communication, travel training, financial planning, booking of and getting to and from appointments, general domestic duties and Achievements
- implementation of many new procedures for more efficient running of a SIL property to achieve best care such as diaries and system of whiteboard calendars and putting in a system to make familiarising new support workers with the important policies and procedures of the company easier and more efficient.

## **Co Owner/Manager of All Terrain Freight PTY LTD**

2017 – 2022

- Operations manager, secretary and accounts manager of freight and transport company that provided scaffolding and other building products working alongside some of Victoria's major building companies such as Metricon, Porter Davis, Mega Homes, and other boutique builders.

### **Key responsibilities**

- Secretarial duties, accounts, bookkeeping, securing contracts, timesheets and invoicing accounts payable and receivable, building relationships with clients, internal and external stakeholders including but not limited to worksafe, the ATO, insurance companies and many of the builders themselves.

### **Achievements**

- Building and running a successful business from the ground up
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## **Allied Health Assistant Self Employed**

2017-present

- Providing support to clients in the community, mental health advocacy, support with victims of domestic violence, court related support for people with disabilities and rehabilitation, general disability support and advocacy. Providing care for diverse range of clients with various backgrounds and complex health conditions.

### **Key responsibilities**

- support clients with mental illness and AOD issues and advocate in areas such as hospital admissions, court, domestic violence support services referral.
- Supporting and advocating for clients with disabilities in all aspects of their lives
- Working around the challenges of the mental health system public and private in Victoria to provide best care clients
- Providing support to clients
- Building rapport rapidly with clients and creating supportive long term client relationships

## **Central Bayside Community Health Services**

2017-2019

- Working around the challenges of the mental health system in Victoria to provide best care and fighting for my clients.
- Support Physiotherapy and occupational therapy to deliver programs to clients in the community setting and in the home.
- Completed home assessments and home care under supervision of occupational and physiotherapy/ OT/ Speech other allied health professionals.

### **Achievements**

- Building and running a successful business from the ground up and giving clients ongoing support to find the path of recovery and wellness

- Other notable experience-
- Sometime worked in The Belmore School, William Angliss emergency department

**\*WWCC, Police Check, NDIS workers Screening Check, CPR&First AID certificate current and Fully Vaccinated can all be provided upon request**

### **Interests/other skills**

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- Professional Artist & Musician played as a part of Melbourne Youth Orchestra & Melbourne Youth Wind Symphony 2010-2017
- Semi Professional Landscape photographer